



St. Mary's WOODS

RETIREMENT
COMMUNITY

Winter
2025

1257 Marywood Lane • Richmond, Virginia 23229 • stmaryswoods.com • 804-658-2085



Alyce
Gere



John
LeBlanc

Hat Tricks

Why celebrate *National Wear a Hat Day*? The real question is, why not?! In our community, it's all about living a great life and embracing small joys—like wearing your favorite, feel-good, fun, and festive hat!



Millie
Canonico



Melanie
LeBlanc (left)
and Charlotte
Sarantopoulos



(from left) Director of Maintenance and Environmental Services Chris Thompson, Administrator JT Belton and Director of Life Enrichment Michelle Odom join in the fun.

Holidays in Review

The Christmas season was one for the books at St. Mary's Woods. The events, celebrations, and games were non-stop from December 1st through the New Year.

Santa and Friends

Our favorite North Pole visitor made a special appearance to wish residents and our team a Merry Christmas.

Holiday Bazaar

Santa's workshop was full of wonderful gifts from local vendors and treasures crafted by our residents. Proceeds from our resident sales totaled \$1,170 and benefited our charity of choice, Housing Families First.



At left, Life Enrichment Coordinator Curtis Suthpin and Barbara Dougherty set up shop. At top, Joan O'Rourke and her daughter, Sandi.

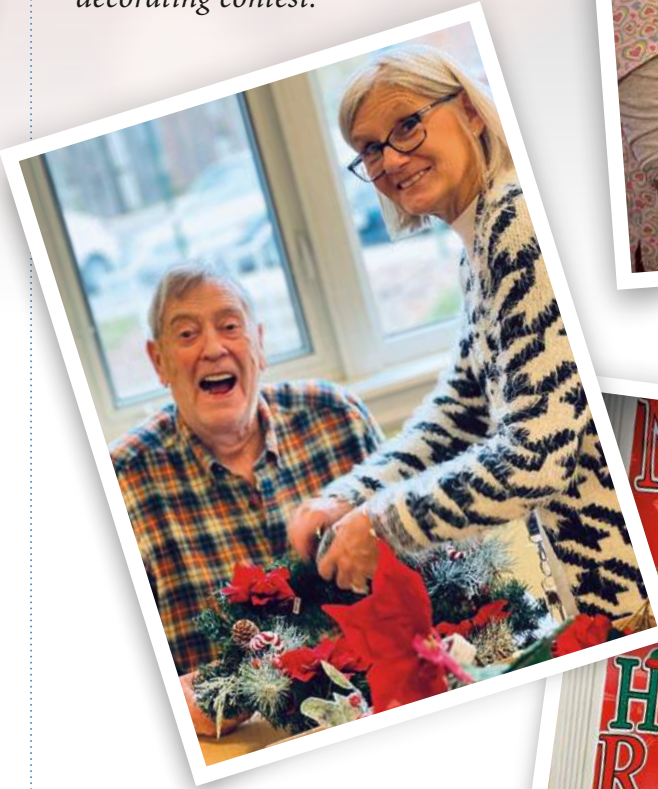


Santa smiles with Ed Malesich.

Joan Mackay and Santa are both festive in red.

Décor Galore

Wreath decorating was a hit for our creative residents and we “decked the halls” with our annual door decorating contest.



Jim Spain and
Business Office
Manager Gail Goare



Ms. Bea (left)
and Pat Oliff



Congratulations
to Barbara
Dougherty for
her 1st place
decorating win.

Connie Foster
(in white) and
Pat Oliff.



Our lively
St. Mary's Woods
drumline taps
out a beat.

Drumroll, Please!

Fun Drums is one of our newest and most popular activities. Twice a month, Terri Bradberry of “The Senior Savvy” leads our group of talented musicians as they play to the beat of their own drum.

Did you know? Drumming is a great cognitive activity as it stimulates both the left and right sides of the brain. Plus, it is a great stress reliever!

The CSM Community Family

Chesterbrook Residences
Residential Living, Assisted Living
Falls Church, Virginia • 703-531-0781

Marian Manor
*Assisted Living,
Intensive Assisted Living*
Virginia Beach, Virginia • 757-456-5018

Mennowood
*Independent Living, Assisted Living,
Memory Care*
Newport News, Virginia • 757-249-0355

Our Lady of Hope
*Assisted Living, Memory Care,
Intermediate & Skilled Nursing Center*
Richmond, Virginia • 804-360-1960

Our Lady of Peace
*Residential Living, Assisted Living,
Memory Care, Nursing Center*
Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help
*Extensive Assisted Living,
Memory Care, Nursing Center*
Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley
*Assisted Living, Memory Care,
Intermediate & Skilled Nursing Center*
Roanoke, Virginia • 540-345-5111

Potomac Place
Assisted Living, Memory Care
Woodbridge, Virginia • 703-494-3817

Tall Oaks Assisted Living
Assisted Living, Memory Care
Reston, Virginia • 703-834-9800



CSM Senior Living
Management

Giving Back

The "I Serve Others" (ISO) program is a wonderful way for residents to volunteer in the local community and support worthy causes close to their hearts. During our most recent ISO project, our team assembled snack and breakfast bags for Housing Families First, a nonprofit that helps families resolve homelessness. We were also able to deliver a donation, including the funds we raised at our Holiday Bazaar!



From left: Housing Families First Donor Engagement Manager Bri Carroll, Margie Rivnyak, Kathleen McSweeney, Life Enrichment Coordinator Curtis Sutphin, Director of Community Relations & Marketing Kelly Manshack, and Housing Families First Program Operations Manager Rodney Hopkins.

Margie Rivnyak (left) and Joanna Balcom



St. Mary's Woods is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.
© CSM Senior Living • Professional Management of Retirement Communities Since 1981



**St. Mary's
WOODS**
RETIREMENT
COMMUNITY

Exceptional Living,
Without Exception.

1257 Marywood Lane, Richmond, Virginia 23229



804-658-2085 | stmaryswoods.com  facebook.com/stmaryswoods

