


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">February 2025</h1>						<p>1</p> <p>11:00 Rosary (CH)</p> <p>12:00-5:00 OPEN - Board Games (LER) Invite a friend!</p> <p>4:00 St. Mary's Woods Mass (CR)</p>
<p><b>Happy Groundhog Day</b> 2</p> <p>12:00-5:00 OPEN - Board Games (LER) Invite a friend!</p> <p>1:30 Worship Service w/Doc Reed (CH) "Feed My Sheep"</p> <p>2:30 At the Piano w/Cameron Francis (CR)</p>	<p>3</p> <p>10:00 Van to Ollie's</p> <p>10:00 Warm Up Your Wits w/Nan (LIB)</p> <p>10:15 Exercise w/Curtis (CR)</p> <p>11:00 Lunch Bunch - Wendy's (Sign-up by AS)</p> <p>1:00 Wii Bowling w/Curtis (TL)</p> <p>1:30 Van to Kroger</p> <p>1:15 Cognition Ignition w/Nan (LER)</p> <p>2:30 Bible Study w/Sarah (CH)</p> <p>3:00 BINGO w/Curtis (LER)</p> <p>4:00 Words in Words w/Nan (L)</p> <p>6:00 Inspirational Movie "Bonhoeffer" (LER)</p>	<p>4</p> <p>10:00 Jewelry Making (AS)</p> <p>11:15 Drama Club (CR)</p> <p>1:30 Sign Language Class (LER)</p> <p>1:30 Corn-Hole Game (CR)</p> <p>3:00 Games w/Curtis (AR)</p>	<p>5</p> <p>8:45 Van to Mass</p> <p>9:00 Van to Kroger</p> <p>10:15 Exercise Class w/Curtis (CR)</p> <p>11:00 Renew the Mind (CH)</p> <p>11:00 Van to Walmart</p> <p>1:00 Encore Dancers -(CR)</p> <p>2:00 Acrylic Painting w/Curtis (AS)</p> <p>3:30 Fresh Flower Arranging (LER)</p>	<p>6</p> <p>10:00 SMW's Mass (CH)</p> <p>10:30 Chair YOGA Exercise (CR)</p> <p>10:30 Yarn Club w/Nan (AS)</p> <p>11:15 Worship Service (CH)</p> <p>1:30 Watercolor Painting w/ Curtis (AS)</p> <p>1:30 Rosary (CH)</p> <p>3:00 Cognition Ignition w/Nan (LER)</p> <p>6:30 BINGO w/Robbie &amp; Tracy (LER)</p>	<p>7</p> <p><b>National Wear Red Day.</b></p> <p>8:45 Van to Mass</p> <p>10:00 Van to Target</p> <p>10:30 Ageless Grace Exercise w/Janie (CR)</p> <p><b>11:00 Celebrating Black Music History (L)</b></p> <p>1:30 Telling Our Stories w/John (LIB)</p> <p>1:30 Van to Marshall's &amp; Shoe Carnival</p> <p>2:00 Music Guest: Tom the Flutist (CR)</p> <p>3:00 Stations of the Cross (CH)</p> <p>4:00 Smart Start w/Nan (AS)</p> <p>6:30 pm Singing Our Faith (L)</p>	<p>8</p> <p>11:00 Rosary (CH)</p> <p>12:00-5:00 OPEN - Board Games (LER) Invite a friend!</p> <p>3:30 Special Music w/ Mary Stella (L)</p> <p>4:00 St. Mary's Woods Mass (CR)</p>
<p><b>Super Bowl Sunday!</b> 9</p> <p>12:00-5:00 OPEN - Board Games (LER) Invite a friend!</p> <p>2:30 At the Piano w/Cameron Francis (CR)</p> <p>5:00 Super Bowl Party (CR) (Kick-off is at 6:30)</p>	<p>10</p> <p>9:00 Van to Dollar Tree</p> <p>10:00 Warm Up Your Wits w/Nan (LIB)</p> <p>10:15 Exercise w/Curtis (CR)</p> <p>11:00 Van to TJ Maxx</p> <p>1:00 Wii Bowling w/Curtis (TL)</p> <p>1:30 Van to Kroger</p> <p>1:15 Cognition Ignition w/Nan (LER)</p> <p>2:30 Bible Study w/Sarah (CH)</p> <p>3:00 BINGO w/Curtis (LER)</p> <p>4:00 Words in Words w/Nan (L)</p>	<p>11</p> <p>10:00 Balance/Action Exercise w/Patti (CR)</p> <p>10:00 Jewelry w/Curtis (AS)</p> <p>11:15 Drama Club (CR)</p> <p>1:30 Sign Language Class (LER)</p> <p>1:30 Let's Play Jeopardy (TL)</p> <p>2:30 Resident Council (CR)</p> <p>3:30 Games w/Curtis (LER)</p>	<p>12</p> <p>8:45 Van to Mass</p> <p>9:00 Van to Kroger</p> <p>10:15 Exercise Class w/Curtis (CR)</p> <p>11:00 Renew the Mind (CH)</p> <p>11:00 Van to Publix</p> <p>1:00 Van to Walmart</p> <p>2:00 Valentine Card Making (AS)</p> <p>2:30 Caring Canines (L)</p> <p>3:00 Coffee Cart &amp; Daily Chronicles w/Barry (L)</p> <p>3:30 Fresh Flower Arranging (LER)</p>	<p>13</p> <p>10:00 SMW's Mass (CH)</p> <p>10:30 Chair YOGA Exercise (CR)</p> <p>10:30 Yarn Club w/Nan (AS)</p> <p>11:15 Worship Service (CH)</p> <p>1:30 Watercolor Painting w/ Curtis (AS)</p> <p>1:30 Rosary (CH)</p> <p>3:00 Cognition Ignition w/Nan (LER)</p> <p>4:30 Sweetheart Happy Hour (CR)</p> <p>6:30 BINGO w/Robbie &amp; Tracy (LER)</p>	<p>14</p> <p><b>Valentine's Day</b></p> <p>8:45 Van to Mass</p> <p>10:00 Van to Target</p> <p>10:30 Ageless Grace Exercise w/Janie (CR)</p> <p><b>11:00 Celebrating Black Music History (L)</b></p> <p>1:30 Telling Our Stories w/John (LIB)</p> <p>1:30 Van to Shopping Goochland Goodwill</p> <p>3:00 Chaplet of Divine Mercy (CH)</p> <p><b>3:30 Valentines Tea Party (Bring a tea cup)CR</b></p> <p>4:00 Smart Start w/Nan (AS)</p> <p>6:30 pm Singing Our Faith (L)</p> <p>-cup</p>	<p>15</p> <p>11:00 Rosary (CH)</p> <p>12:00-5:00 OPEN - Board Games (LER) Invite a friend!</p> <p>4:00 St. Mary's Woods Mass (CR)</p>
<p>16</p> <p>12:00-5:00 OPEN - Board Games (LER) Invite a friend!</p> <p>1:30 Worship Service w/Doc Reed (CH) "The Father's Promise of the Holy Spirit"</p> <p>2:30 At the Piano w/Cameron Francis (CR)</p>	<p>17</p> <p>9:00 Van to Food Lion</p> <p>10:00 Warm Up Your Wits w/Nan (LIB)</p> <p>10:15 Exercise w/Curtis (CR)</p> <p>10:45 Lunch Bunch-Capriccio's (sign-up sheet by AS)</p> <p>1:00 Wii Bowling w/Curtis (TL)</p> <p>1:30 Van to Kroger</p> <p>1:15 Cognition Ignition w/Nan (LER)</p> <p>2:30 Bible Study w/Sarah (CH)</p> <p>3:00 BINGO w/Curtis (LER)</p> <p>4:00 Words in Words w/Nan (L)</p> <p>4:00 We Are Making Cherry Pies (LER)</p> <p>6:00 pm Inspirational Movie Gifted Hands Ben Carson story (LER)</p>	<p>18</p> <p>10:00 Balance/Action Exercise w/Patti (CR)</p> <p>10:00 Jewelry w/Curtis (AS)</p> <p>10:15 Adoration (CH)</p> <p>11:15 Drama Club (CR)</p> <p>1:30 Sign Language Class (LER)</p> <p>2:00 Music Guest: Joe Loschiavo (CR)</p> <p>3:00 Games w/Curtis (LER)</p>	<p>19</p> <p>8:45 Van to Mass</p> <p>9:00 Van to Kroger</p> <p>10:15 Exercise Class w/Curtis (CR)</p> <p>11:00 Renew the Mind (CH)</p> <p>11:00 Van to Change of Scenery to University of Richmond Campus</p> <p>1:00 Van to Walmart</p> <p>2:00 Acrylic Painting w/Curtis (AS)</p> <p>3:30 Fresh Flower Arranging (LER)</p>	<p>20</p> <p>10:00 SMW's Mass (CH)</p> <p>10:30 Chair YOGA Exercise (CR)</p> <p>10:30 Yarn Club w/Nan (AS)</p> <p>11:15 Worship Service (CH)</p> <p>1:30 Watercolor Painting w/ Curtis (AS)</p> <p>1:30 Rosary (CH)</p> <p>3:00 Cognition Ignition w/Nan (LER)</p> <p>2:00-3:00 Mobile Library (CR)</p> <p>6:30 BINGO w/Robbie &amp; Tracy (LER)</p>	<p>21</p> <p>8:45 Van to Mass</p> <p>10:00 Van to Target</p> <p>10:00 Craft Corner w/Gloria (AS)</p> <p>10:30 Ageless Grace w/Janie (CR)</p> <p><b>11:00 Celebrating Black Music History (L)</b></p> <p>12:15 Bus Trip to The Wizard of Oz Play (Sign up) Cultural Arts Center</p> <p>1:30 Telling Our Stories w/John (LIB)</p> <p>3:00 Confession (CH)</p> <p>2:00 Therapeutic Harp: Cindy Jennings (CH)</p> <p>4:00 Smart Start w/Nan (AS)</p> <p>6:30 pm Singing Our Faith (L)</p>	<p>22</p> <p>10:00 Craft Corner w/Gloria (AS)</p> <p>11:00 Rosary (CH)</p> <p>12:00-5:00 OPEN - Board Games (LER) Invite a friend!</p> <p>4:00 St. Mary's Woods Mass (CR)</p>
<p>23</p> <p>12:00-5:00 OPEN - Board Games (LER) Invite a friend!</p> <p>2:30 At the Piano w/Cameron Francis (CR)</p>	<p>24</p> <p>9:00 Van to Wegman's</p> <p>10:00 Warm Up Your Wits w/Nan (LIB)</p> <p>10:15 Exercise w/Curtis (CR)</p> <p>10:45 Lunch Bunch to Cook-Out Burgers/Shakes (Sign-up by AS)</p> <p>1:00 Wii Bowling w/Curtis (TL)</p> <p>1:30 Van to Kroger</p> <p>1:15 Cognition Ignition w/Nan (AR)</p> <p>2:30 Bible Study w/Sarah (CH)</p> <p>2:30 Henrico Book Club w/Phil Ford (LIB)</p> <p>3:00 BINGO w/Curtis (AR)</p> <p>4:00 Words in Words w/Nan (L)</p>	<p>25</p> <p>10:00 Balance/Action Exercise w/Patti (CR)</p> <p>10:00 Jewelry w/Curtis (AS)</p> <p>11:15 Drama Club (CR)</p> <p>1:30 Corn-Hole (CR)</p> <p>No Sign Language today</p> <p>6:30 pm Diane Sing-A-Long (L)</p>	<p>26</p> <p>8:45 Van to Mass</p> <p>9:00 Van to Kroger</p> <p>10:15 Chair YOGA (CR)</p> <p>11:00 Renew the Mind (CH)</p> <p>11:00 Van to Libbie Market</p> <p>1:00 Special Music: Brad Spivey &amp; February Birthdays (CR)</p> <p>1:00 Van to Walmart</p> <p>2:00 Movie Matinee: "42" The Jackie Robinson story (TL)</p> <p>3:00 Coffee Cart &amp; Daily Chronicles w/Barry (L)</p> <p>3:30 Fresh Flower Arranging (LER)</p>	<p>27</p> <p>10:00 SMW's Mass (CH)</p> <p>10:30 Chair YOGA Exercise (CR)</p> <p>10:30 Yarn Club w/Nan (AS)</p> <p>11:15 Worship Service (CH)</p> <p>1:30 Movie Matinee "Pursuit of Happiness" (TL)</p> <p>1:30 Rosary (CH)</p> <p>3:00 Cognition Ignition w/Nan (LER)</p> <p>4:30 or 5:30 Spaghetti Dinner (DR) (Must RSVP the Front Desk)</p> <p>6:30 BINGO w/Robbie &amp; Tracy (LER)</p>	<p>28</p> <p>8:45 Van to Mass</p> <p>10:00 Van to Target</p> <p>10:30 Ageless Grace w/Janie (CR)</p> <p><b>11:00 Celebrating Black Music History (L)</b></p> <p>1:30 Telling Our Stories w/John (LIB)</p> <p>12:30 Van to Shopping Ukrops</p> <p>2:00 Van to Dairy Queen (Sign-up sheet by AS)</p> <p>3:00 Chaplet of Divine Mercy (CH)</p> <p>4:00 Smart Start w/Nan (AS)</p> <p>6:30 pm Singing Our Faith (L)</p>	<p><b>Location Key</b></p> <p>LER Life Enrichment Room (2nd Floor)</p> <p>TL - TV Lounge (3rd Floor)</p> <p>AS- Art Studio (2nd Floor)</p> <p>CH- Chapel (2nd Floor)</p> <p>DR-Dining Room (1st Floor)</p> <p>CR-Community Room (2nd Floor)</p> <p>LIB-Library (2nd Floor)</p> <p>L-Lobby (2nd Floor)</p> 

**St. Mary's Woods Retirement Community \*All Life Enrichment groups are subject to change\* \*Please see sign-up sheets on the bulletin board by the Art Studio (2nd Floor) \*All Shopping/tour/lunch trips depart from the Lobby.**